



About SASHA



The South African Society for Hip Arthroscopy (SASHA) was founded in 2011, marking a pivotal moment in the development of hip arthroscopy within the country and across the African continent. This establishment was part of a broader trend toward adopting minimally invasive techniques for addressing various hip pathologies. Hip arthroscopy, as a field, represented a significant evolution in orthopaedic surgery, offering a noninvasive approach that would transform hip treatment protocols and patient outcomes.

From its inception, SASHA has been committed to advancing hip arthroscopy practices by fostering a community of skilled surgeons dedicated to the continual improvement of techniques and patient care. The society quickly positioned itself as a leader in the field, promoting the integration of cutting-edge technology and scientific research into everyday practice. This commitment to excellence has facilitated significant improvements in the quality of hip treatments available within South Africa.

A key aspect of SASHA's success has been its collaboration with international counterparts, particularly the International Society for Hip Arthroscopy (ISHA). This partnership has allowed SASHA to remain at the forefront of global research and development in arthroscopic techniques. Through these international connections, South African surgeons have had access to the latest innovations and research findings, further enhancing the society's ability to deliver world-class hip care.



011 794 9693

www.sahip.co.za

info@sahip.co.za

Our collaboration with ISHA

The South African Society for Hip Arthroscopy (SASHA) plays a significant role in the global effort to enhance hip preservation practices, particularly through its collaboration with the International Society for Hip Arthroscopy (ISHA).

As a key player in the industry, SASHA contributes to the advancement of hip arthroscopy and preservation techniques, focusing on improving patient outcomes and promoting best practices.

As part of SASHA's affiliation with ISHA, members are required to attend at least one ISHA Congress every three years to uphold international standards of practice.

Partner Societies of ISHA

